

PAJDUSHKO HORO (ПАИДУШКО ХОРО)

(Pie-dush-ko Hoo-rro)

Yambol District, Southeastern Bulgaria

Source: As learned by Tom Deering at the Koprivshtica Festival, Bulgaria, 1991.

Rhythm: 5/16 counted 1 2, Q S, or 1-2, 1-2-3

Recording: Any brisk Bulgarian Pajdushko Horo

Formation: Mixed lines of men and women, holding hands. The basic position for the arms is relaxed with elbows bent and the hands at the same level as the elbows. The forearms should be roughly parallel to the floor. When the arms swing, they swing directly down from this position and then return--they do not swing up first. This low "horizontal" hand hold is characteristic of the Yambol District.

The arms swing briskly down from the elbows on the first "step" of each "hop-step-step-step".

Meas Ct The Dance

Start with weight on L foot

- | | | |
|----|---|--|
| 1 | Q | Facing slightly R and moving R, small Hop on L |
| | S | Step on R, continuing movement to the R |
| 2 | Q | Small Hop on R |
| | S | Step on L, continuing movement to the R |
| 3 | Q | Small Hop on L |
| | S | Step on R, continuing movement to the R, swinging arms down |
| 4 | Q | In place, Step on L, slightly in front of R |
| | S | Step on R, in place, swinging arms back up to position |
| 5 | Q | Still facing R, small Hop on R, starting movement back (to L) |
| | S | Step on L, continuing movement to the L |
| 6 | Q | Small Hop on L, continuing movement to the L |
| | S | Step on R, continuing movement to the L |
| 7 | Q | Small Hop on R, turning slightly to face L of center |
| | S | Facing slightly L, Step on L, beside R, swinging arms down |
| 8 | Q | Step on R, slightly in front of L |
| | S | Step on L, in place, swinging arms back up to position |
| 9 | Q | Small Hop on L, in place |
| | S | Continuing to face slightly L, Step on R, back (to the R) |
| 10 | Q | Small Hop on R, in place, facing slightly L of center |
| | S | Step on L in place, swinging arms down |
| 11 | Q | Step on R, slightly in front of L |
| | S | Step on L, in place, swinging arms back up to position |

REPEAT the dance from the beginning