

**SHUMENSKO DAJCHOVO**  
Dobrudja Region - Eastern Bulgaria

Source: Learned by Tom Deering at the Koprivshtitsa Festival, Bulgaria, 1991.

Rhythm: 9/16 counted 1, 2, 3, 4 0, 0, 0, S (1-2, 1-2, 1-2, 1-2-3)

Recording: Any Dajchovo from the Shumen region. This dance can also be done to most of the slower Dajchovos from eastern Bulgaria.

Formation: Mixed lines of men and women, holding hands. The basic position for the arms is relaxed with elbows bent and the hands at about the same level as or slightly above the elbows. The forearms should be roughly parallel to the floor. When the arms swing, they swing first slightly up then forward and down.

This dance has stamps characteristic of the Dobrudja region. They are solid but gentle, showing the respect an agricultural society would have for the land that nourishes them. The "Scuff" step is a sort of travelling stamp done only by the men. For this step, the women would just step solidly.

The arms swing down and back up only during the last measure of the pattern.

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**Meas Ct The Dance**

Start with weight on L foot

1 1 Facing slightly R and moving R, small **Leap** onto R  
2 **Step** on L, continuing movement to the R  
3 **Leap** onto R  
4 **Step** on L

2 1 Turning to face center, small **Leap** onto R  
2 **Step** on L next to or slightly behind R  
3 **Step** on R to R  
4 **Stamp** on L next to R, do not take weight

3 1 Facing slightly L and moving L, **Step** on L  
2 Small **Scuff** with R next to L (women just step with no weight)  
3 **Step** on R, continuing motion L  
4 Small **Scuff** with L to L (women just step with no weight)

4 1 Facing center and moving L, **Step** on L to L, starting arm swing down  
2 **Step** on R next to or slightly behind R  
3 **Step** on L to L. Start bringing arms back up  
4 **Stamp** on R in place next to L without weight.

REPEAT the dance from the beginning